

A.C.T.S.

Adoration

Speaking God's character back to Him! A good starting place is to take each letter of the alphabet and come up with as many descriptions of God. A-Almighty, B-Beautiful, C-Compassionate...

Confession

Ask God to search your heart and reveal anything in you that is hindering you from knowing and loving God with your whole heart, soul, mind and strength. Ask the Lord to forgive you and lead you into deeper relationship with Him.

Thanksgiving

Take some time to come up with 5-20 things that you are thankful for and express your thankfulness to God!

Supplication

(Asking God for things that you need) At this time come before the Father and make your requests to Him. He is a good Father and He desires to give us the things we need and fulfill the desires of our hearts.